

# Healthy Youth. Healthy Families. Healthy Communities.



Arizona Youth  
*Partnership*

## Communities We Serve

AzYP serves youth, adults, and families in 66 communities in 12 counties in rural Arizona.

### Apache County

Concho Valley, Eager, Springerville, St. Johns, Sanders, Vernon

### Cochise County

Benson, Bisbee, Douglas, Hereford, Naco, Sierra Vista, Tombstone, Willcox

### Coconino County

Ash Fork, Flagstaff, Second Mesa, Sedona, Williams

### Gila County

Globe, Hayden, Miami, Payson, San Carlos Apache Nation, Winkleman

### Graham County

Bylas, Pima, Safford

### Greenlee County

Duncan

### Mohave County

Bullhead City, Kingman, Lake Havasu City

### Navajo County

Holbrook, Pinetop, Show Low, Snowflake, Winslow

### Pima County

Ajo, Catalina, Marana, Oro Valley, Three Points, Tohono O'odham Nation, Tucson, Sahuarita

### Pinal County

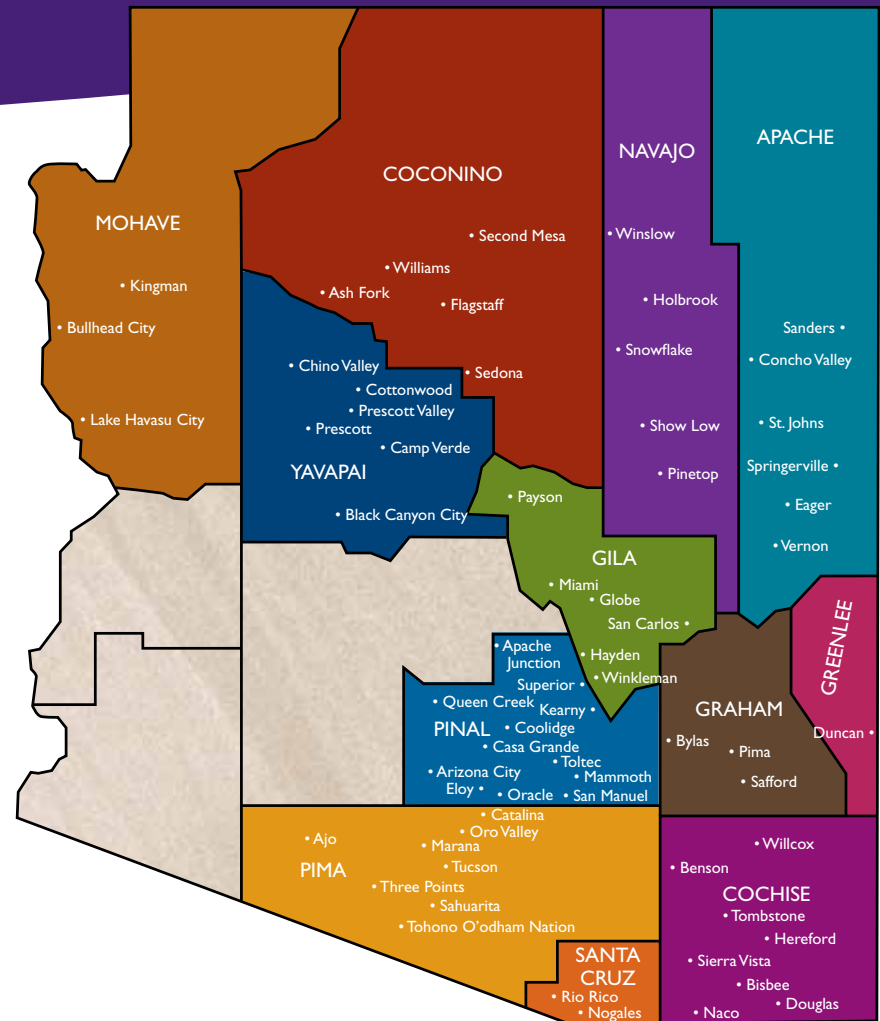
Apache Junction, Arizona City, Casa Grande, Coolidge, Eloy, Florence, Kearny, Mammoth, Oracle, Queen Creek, San Manuel, Superior, Toltec

### Santa Cruz County

Nogales, Rio Rico

### Yavapai County

Black Canyon City, Camp Verde, Chino Valley, Cottonwood, Prescott, Prescott Valley



## AZYP Regional Offices

### Administrative Office

K. Daniel Stoltzfus, M.P.A.  
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## Message from the President



Dear Friends and Community Members,

The Greek statesman Pericles once said, "What you leave behind is not what is engraved in stone monuments, but what is woven into the lives of others." There is no better way to emphasize the amazing progress and change Arizona Youth Partnership (AzYP) has brought about in the rural communities of The Grand Canyon State. Every day our motivated staff are weaving resources into lives as they foster solid foundations for youth, champion families, and mobilize communities. With your help, we were able to **reach out to 38,492 rural youth and families**, empowering them

with the tools and resources to cultivate a more vibrant tomorrow.

In spite of the poor financial climate and subsequent budget revisions from several of our fund sources, AzYP experienced steady and conventional programming and revenue growth in 2008-2009. Thank YOU for making this happen! **A big thanks to our funders, private donors, committed volunteers, and dynamic staff!** The newest addition to our repertoire is the Make Mealtime Family Time initiative which encourages families to have five meals a week together; reinforcing the importance of family bonding.

In June, AzYP received national attention and notoriety when the U.S. Department of Health and Human Services named our Healthy Marriages/Strong Families program a "**Promising Practice.**" Of the 226 programs operating nationally, only 16 received the honor. The Healthy Marriages/Strong Families project invites couples who are in a committed relationship to a weekend retreat where they are learn and practice communication, intimacy, and conflict resolution skills- among others. A Promising Practice award is concrete evidence that our programs are essential and effective.

This year also saw a change in leadership when Luan Wagner Burn retired as Executive Director after 15 years of dedication to AzYP. During her tenure, Luan spent countless hours carrying our mission to the underserved communities of Arizona. My fellow Board Members and I are privileged to have K. Daniel Stoltzfus as Executive Director. We are confident that Daniel's non-profit leadership experience will guide AzYP into a new era of success.

For nineteen years, Arizona Youth Partnership has been improving the lives of Arizona's rural youth. Our practices are proven and our foundation is solid. With your support, we will continue to enrich our children and cultivate a stronger future.



Monica Gates  
President, Board of Directors

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**K. Daniel Stoltzfus, M.P.A.**

Executive Director

**Luan Wagner Burn, Ph.D.**

Former Executive Director

## Life Skills Education

The Life Skills Education program combines two scientifically-proven effective life skills curricula, *Changing Scenes: Teen Outreach Program* and *Botvin's LifeSkills Training* to increase school attachment and to increase delay and refusal skills for youth 10-14 years of age. Both programs increase life management skills that are essential for youth self-sufficiency. Research has shown that youth who participate in 20 or more hours of a program are less likely to engage in high risk behaviors such as alcohol and drug use, violence, skipping school, and early sexual activity.

### Life Skills Outcomes

- 72% of youth responded that they would say "No" if offered Alcohol
- 14% of youth reported an increase in refusal skills

### Communities Served

Ajo, Bullhead City, Catalina, Marana, Oracle, Kingman, and Springerville

### Fund Sources

Pima County Outside Agency, and Northern Arizona Behavioral Health Authority.

## Susan - Effective Communication

*Susan, an eighth grade mentor, found herself in a bad situation that led to a meeting with the school Principal. With her newly acquired skills, she was able to clearly, honestly, and directly communicate with adults. The principal said that Susan's actions were wrong but that she showed great maturity in how she handled the conference with the adults. Susan was excited because for the first time she felt that she used her new communication skills and she was not misunderstood because she did not give into anger! "It means a lot to me to finally understand how to communicate."*

## Healthy Marriages/Strong Families

In June 2009, Arizona Youth Partnership's Healthy Marriages/Strong Families program received nation-wide notoriety and has been awarded "Promising Practice" status by the U.S. Department of Health and Human Services' Office of Family Assistance.

The Healthy Marriages/Strong Families program teaches participants to increase communication and conflict resolution skills, increase marital satisfaction and emotional intimacy; and increase family bonding using the PAIRS For Life curriculum. The program is for couples who have children enrolled in Head Start programs and who are in a committed relationship with their partner, fiancé(e), or spouse.

### Healthy Marriages/Strong Families Outcomes

- 66% of participants report an increase in Relationship Satisfaction
- 61% of participants report an increase in Communication

### Communities Served

59 communities in Apache, Cochise, Coconino, Gila, Graham, Greenlee, Mohave, Navajo, Pima, Pinal, Santa Cruz, and Yavapai Counties

### Fund Sources

U.S. Department of Health and Human Services' Administration for Children and Families

## Rebecca and Robert- Love, Renewed

*After being committed to each other for 30 years, Robert and Rebecca were having trouble with their relationship. After attending a weekend retreat they both, "... learned new things about each other, we totally reconnected again. We have been married for 30 years, we still learned a lot. I would like to have learned this younger, earlier in our relationship."*

## After School Programs

AZYP's After School Programs provide academic, social, and recreational enrichment for youth in elementary and middle school. Youth are provided with homework and tutoring assistance as well as skill-building activities, arts and crafts, snacks, and life skills education. Over 90 youth participated in the After School Programs.

### After School Outcomes

- 18% of youth reported an increase in negative attitudes toward substance abuse
- 15% of youth reported an increase in refusal skills

### Communities Served

Ajo and Catalina

### Fund Sources

Pima County Outside Agency and SaddleBrooke Rotary.

## Community Coalitions

AZYP's five community coalitions implemented strategies that will impact community attitudes, perceptions, norms and beliefs around alcohol and other drugs. The goal of the strategies is to decrease laws, norms, and policies favorable to substance use and abuse. The coalitions involve community leaders and key stakeholders from 12 sectors of the community to craft and implement environmental strategies to prevent, reduce, and treat substance abuse in the neighborhoods and regions in which they live.

### Community Coalitions Outcomes

- Youth in 2007 reported that three drugs (alcohol, tobacco and marijuana) were not at all hard to find in the community. The 2009 cohort saw each of these drugs as harder to get, that is, perceived less availability in their community
- On May 29, 2009, the Town of Miami — with the support of the Copper Basin Coalition — adopted Ordinance 311, increasing the penalty for Social Hosting and underage drinking.

### Communities Served

Ajo, Bullhead City, Catalina, Globe, Kingman, Marana, and Miami

### Fund Sources

Arizona Governor's Office for Children, Youth, and Families' Division of Substance Abuse Policy; U.S. Department of Health and Human Services' Center for Substance Abuse Prevention; Cenpatico Behavioral Health; Community Partnership of Southern Arizona; and Northern Arizona Regional Behavioral Health Authority.

## Cindy - Youth Involvement

*Cindy, an 8th grade female, is an active member of the Coalition for Successful Youth Development in Kingman. She started just peeking her head in meetings each month. The Coalition invited her in, but, she never stayed the entire time. As time passed, she stayed longer until she was staying for the entire meeting. At the May meeting she noted a lifetime of substance abuse in her family and of her mission to stay drug and alcohol free for her entire life. She has now asked for responsibilities in the meetings and will run for Youth Co-Chair for Phase IV of the Strategic Prevention Framework.*



## T.E.A.M. Project

The T.E.A.M. (Teens Educating And Mentoring) Project is a collaborative project between Arizona Youth Partnership, and 5 school districts serving 8th Grade Youth in Apache, Pima, and Pinal Counties. Two (2) goals guide the project, to decrease antisocial behavior and decrease alcohol, tobacco, and other drug use among 8th grade youth. Eighth grade youth serve as mentors to their 5th grade buddies and meet on a weekly basis. Youth are taught Life Skills, mentoring, and the effects of alcohol, tobacco and drug use.



### T.E.A.M. Project Outcomes

- 49% of youth reported more caring/cooperative behaviors
- 32% of youth reported less bullying

### Communities Served

Ajo, Catalina, Marana, Oracle, and Springerville.

### Fund Sources

Arizona Governor's Office for Children, Youth, and Families-Safe and Drug Free Schools and Communities.

## Anna - Boosting Self-Esteem, one Buddy at a time

*"The difference is that I feel more confident with people and my buddy more than I did without T.E.A.M. program. It has changed the way I feel by making me cooperate more with people and not sit out like I used to. It has also helped me understand what it is like to work with someone else."*

## Healthy Relationship Education

Youth, 12-18 years of age, learn refusal, delay and decision making skills to prevent early sexual activity. The short-term benefits are: increased ability to refuse/delay early sex, and increased parent-child communication around abstinence. Long-term benefits include reduced sexually transmitted diseases, pregnancy, and birth rates among teens.

### Healthy Relationship Outcomes

- 58% of youth reported that they were sure they could avoid getting into a situation that might lead to sex
- 72% of youth made a commitment to be abstinent until marriage

### Communities Served

Ajo, Benson, Bullhead City, Catalina, Kingman, Marana, Oracle, Rio Rico, Sahuarita, San Carlos, Springerville, Tohono O'odham Nation, Willcox, and Williams.

### Fund Sources

U.S. Dept. of Health and Human Services' Administration for Children and Families and Arizona Department of Health Services.

## Kimberly - New Choices

*Kimberly went through an in-class abstinence education program in her high school health class. After the class she asked some questions and then told the coordinator, "Thank you for explaining about abstinence and renewed virginity. I have made some decisions that I regret and dealt with some of the consequences that you have talked about this week. I'm going to make some changes, and I am going to start by signing the abstinence pledge."*

## Wake UP!™

Wake Up!™ is a proven best practice prevention education program with the overall goal to change participants' belief systems about drugs and alcohol to reduce recidivism rates. Wake Up!™ is an 8-hour alcohol and drug educational prevention program that is implemented in four sessions. This program targets 12 to 22 year-old drug and alcohol offenders referred by the courts. The youth participants receive a certificate of completion that is also sent to their Juvenile Court probation officer who referred them to the program.

### Wake Up! Outcomes

- 89% of youth say they will or will try to change their attitudes, beliefs, and behaviors regarding drugs and alcohol

### Communities Served

Kingman, Marana, Tucson

### Fund Sources

Program Fees

## Monique - Phoenix, rising

*Monique was woken up by police in a park; she didn't know how she got there or the boys she was found with. Monique was taken into the Juvenile Justice system, released to her parents, and was ordered to attend the four WAKE UP! sessions with Arizona Youth Partnership. While in the program, Monique realized the destructive path her life was headed and vowed to make healthier decisions. Today, Monique is back in school and being pursued by universities in California offering her athletic scholarships.*

## Y.E.S.

The YES (Youth Empowered for Success) Project's main objective is to increase school connectedness by providing opportunities for meaningful participation. YES teams engage students and staff in prevention-oriented initiatives to improve conditions on high school campuses to increase school connectedness.

### Y.E.S. Outcomes

- 24% of youth reported an increase in Action Planning Skills
- 27% of youth reported an increase in their ability to make healthy choices

### Communities Served

Ajo, Tohono O'odham Nation

### Fund Sources

Community Partnership of Southern Arizona

## Mr. Chavez - New Perspectives

*At the end of the school year, Baboquivari High School teachers and students participated in a Teacher Appreciation Luncheon sponsored by the Y.E.S. Team. Mr. Chavez shared with Y.E.S. Coaches that he was pleasantly surprised at seeing his students grow into leaders through their participation in Y.E.S. Mr. Chavez admitted that he had certain perceptions of the youth, based on their classroom interaction and had not seen them in a leadership role until the luncheon. Mr. Chavez now had a different view of the students and expressed pride in the leaders these youth have become.*



## Statement Of Activities Year Ended June 30, 2009

### REVENUES AND OTHER SUPPORT

#### GRANTS AND OTHER CONTRACTS

U.S. Department of Health and Human Services	\$1,563,193
Community Partnership of Southern Arizona	\$193,932
State of Arizona	\$716,753
Other Grants and Contracts	\$194,136
<b>TOTAL GRANTS AND OTHER CONTRACTS</b>	<b>\$2,668,014</b>

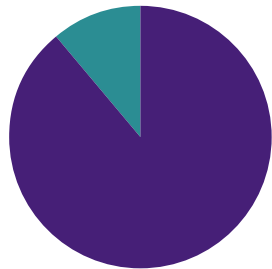
Contributions	\$134,528
Miscellaneous Income	\$9,810
<b>TOTAL REVENUES AND OTHER SUPPORT</b>	<b>\$2,812,352</b>

### EXPENSES

Program Expenses	\$2,490,094
General & Administrative	\$320,901
<b>TOTAL EXPENSES</b>	<b>\$2,810,995</b>

CHANGE IN NET ASSETS	\$1,357
Net Assets, Beginning Of Year	\$709,771
<b>NET ASSETS, END OF YEAR</b>	<b>\$711,128</b>

## Program vs. Administrative Costs



■ Program Costs 89%	\$2,490,094
■ Administrative Costs 11%	\$320,901
<b>TOTAL PROGRAM &amp; ADMINISTRATIVE COSTS</b>	<b>\$2,810,995</b>

## Statement Of Financial Position, June 30, 2009

### ASSETS

#### CURRENT ASSETS

Cash and Cash Equivalents	\$253,377
Accounts Receivable	\$410,049
Prepaid Expenses	\$10,554
<b>TOTAL CURRENT ASSETS</b>	<b>\$673,980</b>

#### PROPERTY AND EQUIPMENT, net of

accumulated depreciation of \$137,870 and \$96,282	\$94,510
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<b>OTHER ASSETS</b>	<b>\$8,060</b>
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<b>TOTAL ASSETS</b>	<b>\$776,550</b>
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### LIABILITIES AND NET ASSETS

#### CURRENT LIABILITIES

Accounts Payable and Accrued Expenses	\$62,854
Deferred Revenue	\$2,568
<b>TOTAL LIABILITIES, all current</b>	<b>\$65,422</b>

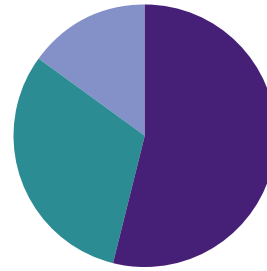
#### NET ASSETS

Unrestricted Net Assets	\$711,128
<b>TOTAL NET ASSETS</b>	<b>\$711,128</b>

<b>TOTAL LIABILITIES AND NET ASSETS</b>	<b>\$776,550</b>
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## 2008-2009 Major Fund Sources

U.S. Department of Health & Human Services Administration for Children & Families Center for Substance Abuse Prevention	\$1,150,000 \$100,000
Arizona Governor's Office for Children, Youth, and Families Division for Substance Abuse Policy Division for Children	\$380,172 \$266,776
Community Partnership of Southern Arizona Cenpatico Behavioral Health	\$196,500 \$60,000
Arizona Department of Health Services	\$59,798
Northern Arizona Regional Behavioral Health Authority	\$47,000
Pima County Outside Agency	\$34,415
SaddleBrooke Rotary Club Foundation	\$4,000
<b>TOTAL FUNDING</b>	<b>\$2,298,661</b>



Federal 54%	\$1,250,000
State 31%	\$706,746
Local 15%	\$341,915

## 2009 Donors

### Platinum < \$1000

Canyon Community Bank  
J. Elise Hendricks  
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